



*Creating Confidence to Care*SM

Operated by London School of Diving

Emergency First Response Care for Children Course

The Emergency First Response Care for Children course is an innovative CPR, AED and First Aid training course that teaches participants how to provide emergency care for injured or ill children (ages one to eight) and infants (less than one year old). This course content is based on guidelines from the Paediatric Working Group of ILCOR and is HSE approved.

Participants learn about the types of medical emergencies that children face, and how they differ from adult conditions. The curriculum also includes attending to emergency situations with children, the emotional aspects of caring for children, secondary care for children, and preventing common injuries and illnesses in children.



The EFR Care for Children course trains candidates to follow the same priorities of care used by medical professionals. Students master the priorities and the procedures of patient care for infants and children in a non-stressful learning environment, which reduces the performance anxieties that interfere with learning and enhances confidence when rendering aid in a real medical emergency.



The course includes both Primary Care (CPR) and Secondary Care (first aid) skills. The Primary Care portion of the course prepares the rescuer to respond to an infant or child with a life-threatening emergency such as choking or cardiac arrest. Secondary Care focuses on developing skills and building the rescuer's confidence to give first aid to an infant or child in need when emergency medical services are either delayed or unavailable.

Care for Children Primary Care Course Content

- Scene Safety Assessment - Universal Precautions
- Communicable Disease Protection & Barrier Use
- Primary Assessment
- Obstructed Airway Management (child and infant)
- Rescue Breathing (child and infant)
- Cardiopulmonary Resuscitation (child and infant)
- Automated External Defibrillator (AED) use
- Serious Bleeding Shock Management
- Spinal Injury Management.

Care for Children Secondary Care Course Content

Injury Assessment



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EMERGENCY®
first response

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Bandaging

Illness Assessment.

Care for Children Course Instructors

All our EFR Instructors are trained to teach high quality Care for Children courses with maximum hands-on practice to prepare you for accidents that may occur.

Course Schedule

We run 2 different courses that vary in length and depth. The 12 hour course has a very detailed program and meets ofsted requirements for nursery nurses, nannies and other child care workers. This course is held over 2 days (see attached schedule).

The 6 hour course is a more condensed version aimed at parents, au pairs and nannies. This course can be held during the day or spread over 2 evenings depending on your availability.

It is usually held in our large comfortable classroom at our dive centre in Chiswick. Alternatively we can run the course in the comfort of your own home or any venue of your choice, with a minimum group of 4 people.

Once you have completed the course you receive a certification card that is valid for 2 years.

Cost:

6 hour course: **£99**

12 hour course: **£140**

For further information or to book your course, telephone the centre on 020 8995 0002. Alternatively, you can email us your details and we will contact you.



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